



**GOVERNMENT DEGREE COLLEGE (W)
SRIKALAHASTI, TIRUPATI DISTRICT**



(Re accredited with NAAC B⁺ Grade)

Telugu Ganga Colony, Tirupati District, AP., 517644

NATIONAL SERVICE SCHEME



**A REPORT
ON
NSS REGULAR ACTIVITIES
(2024-25)**

BY

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GDC (W), SRIKALAHASTI

S.NO.	Name of the activity	Organising unit/ agency/ collaborating agency	Date of the activity	Number of students participated in such activities
1	International Yoga Day	NSS & Department of Physical Education	21-06-2024	50
2	Nasha mukth Bharat Abhayan (Anti Drug Day)	NSS	26-06-2024	80
3	Free Eye Check up Camp	NSS	24-07-2024	100
4	Tobacco-Free Awareness Program	NSS	08-08-2024	100
4.	Har Ghar Thiranga	NSS	15-08-2024	150
5	Awareness Programme on Ozone Day	NSS & Department of Computer Science	17-09-2024	120
6	National De-worming Day		17-09-2024	200
7	Celebration on NSS Day & Awareness program on Single use plastics	NSS	24-09-2024	210
8	Celebration on Gandhi Jayanthi	NSS	02-10-2024	90
9	Swarna Andhra @ 2047	NSS	03-10-2024	150
10	Awareness on Women and Child Welfare Acts	NSS	24-10-2024	89
11	Awareness Program on Cancer	NSS	07-11-2024	160
12	International Day Against Violence on women	NSS	24-11-2024	190
13	Constitution Day	NSS	26-11-2024	120
14	Awareness Program on AIDS Day	NSS	01-12-2024	190
15	National Girl Child Day	NSS & WEC	24-01-2025	130
16	Awareness program on Voters Day	NSS	25-01-2025	150
17	Awareness program on De-worming & Distribution of Tablets	NSS	10-02-2025	185
18	Swach Andhra & Clean - Green	NSS	15-02-2025	160
19	Awareness Programme on Mental Health	NSS	17-02-2025	170
20	EAGLE CLUB	NSS		
21	International Women's Day	NSS in collaboration with WEC	08-03-2025	200

Report on Yoga Day

Organized by: NSS Unit & Department of Physical Education

Venue: Government Degree College for Women

Date: 21st June 2024

Theme: “*Yoga for Self and Society*”

The **Government Degree College** celebrated the **10th International Day of Yoga** on **21st June 2024** with great enthusiasm under the guidance of the **NSS Unit and the Department of Physical Education**. The event aimed to spread awareness about the importance of yoga in maintaining physical, mental, and emotional well-being.

The programme began with an **opening address** by the Principal, who emphasized the ancient significance of yoga and its relevance in modern times for a healthy and peaceful life. The theme of this year’s celebration, “*Yoga for Self and Society*”, was highlighted throughout the session.

Activities Conducted:

- **Mass Yoga Demonstration:** A trained yoga instructor conducted a one-hour session on basic yoga asanas and breathing exercises. Students and faculty members enthusiastically participated.
- **Meditation Session:** A guided meditation session was held to promote mindfulness and stress relief.



Report on Anti Drug Day

Organized by: NSS Unit

Venue: Government Degree College for Women

Date: 26th June 2024

Theme: *“The Evidence is Clear: Invest in Prevention”*

The NSS Unit of Government Degree College Srikalahasti observed the International Day Against Drug Abuse and Illicit Trafficking on 26th June 2024 with a focus on raising awareness among students about the consequences of drug abuse and the importance of prevention.

The program commenced with a welcome address by the NSS Programme Officer, followed by a keynote speech from the College Principal Dr. B.Raja Sekhar, who urged students to stay away from drugs and lead a healthy and responsible life.

Major Activities Conducted:

- **Anti-Drug Pledge:** Students and faculty took a pledge to stay drug-free and promote awareness among peers and the community.
- **Guest Lecture:** A resource person from the local health department addressed the gathering on the psychological and social effects of drug abuse and strategies for prevention.

The event received enthusiastic participation and positive feedback. The program concluded with a vote of thanks, reinforcing the need for youth to act as ambassadors for a drug-free society.



Report on Free Eye Checkup Camp

Organized by NSS in Association with Agarwal Hospital

Date: 24-07-2024

Venue:GDC (W) SRIKALAHASTI

Organized by: NSS UNITS

The NSS Program Office of GDC (W) SRIKALAHASTI, in collaboration with Agarwal Hospital, successfully conducted a Free Eye Checkup Camp for students, faculty, and staff. The initiative aimed to promote eye health awareness and provide early detection of vision-related issues.

A team of expert ophthalmologists from Agarwal Hospital conducted comprehensive eye examinations, including vision testing and screening for common eye disorders. Over [insert number] individuals benefitted from the camp, with free consultations and recommendations for further treatment when necessary.

The event was well-received, emphasizing the importance of regular eye checkups. The NSS team extends gratitude to Agarwal Hospital and all participants for their support in making this initiative a success.



Tobacco-Free Awareness Program

Organized by NSS

Date:08-08-2024

Venue:GDC (W) SRIKALAHASTI

Organized by: NSS Program Office

The NSS Unit of GDC (W) SRIKALAHASTI successfully conducted a **Tobacco-Free Awareness Program** to educate students and faculty about the harmful effects of tobacco consumption and promote a healthy lifestyle.

The event featured informative sessions by healthcare professionals and anti-tobacco activists who highlighted the risks of smoking and chewing tobacco, including cancer, respiratory diseases, and addiction. A documentary on the dangers of tobacco use was screened, followed by an interactive discussion on strategies to quit tobacco.

Students participated in a pledge-taking ceremony to commit to a tobacco-free life. Awareness posters and banners were displayed across the campus to reinforce the message. The initiative was well-received, encouraging a collective effort toward a healthier, tobacco-free environment.



Report on HAR GHAR THIANGA

Organized by NSS

Date: 14/08/24

Venue:GDC (W) SRIKALAHASTI

Organized by: NSS Program Office

As part of the nationwide **“Har Ghar Tiranga”** campaign under the **Azadi Ka Amrit Mahotsav** initiative, the NSS Unit of **Government Degree College for Wome, Srikalahasti**, organized various activities to instill patriotism and encourage every citizen to hoist the national flag at home from **13th to 15th August**.

The programme aimed to create awareness about the significance of the Indian National Flag and promote participation in the campaign among students, faculty, and the local community.



AWARENESS PROGRAMME ON OZONE DAY

Organized by NSS

Date: 16/09/24

Venue:GDC (W) SRIKALAHASTI

The NSS Unit of GDCW Srikalahasti organized an awareness programme on **World Ozone Day** on **16th September 2025** to educate students about the importance of the ozone layer and the need for its protection. The event included a short lecture on ozone depletion, a poster-making activity, and an awareness rally around the campus.

NSS volunteers actively participated and helped spread awareness about eco-friendly practices to reduce ozone damage. The programme successfully emphasized the significance of the **Montreal Protocol** and the urgent need to protect the environment.



National De-worming Day

Organized by NSS

Date: 17-09-2024

Venue:GDC (W) SRIKALAHASTI

On the occasion of **National De-worming Day**, the NSS Unit of *Government Degree College for Women, Sriklahasti* organized an awareness and tablet distribution programme on **17-09-2024** at the college campus.

The event began with a brief awareness session conducted by the NSS Programme Officer, who explained the need for de-worming to prevent parasitic infections and ensure improved health and nutrition among young adults. The students were informed about the benefits of Albendazole and the importance of taking it on an empty stomach as prescribed.

Following the session, **Albendazole tablets were distributed to students and staff** under the supervision of the local Primary Health Centre (PHC) staff. The NSS volunteers actively participated in the distribution and maintained records of beneficiaries.



Celebrations on NSS Day

Organized by NSS

Date: 24/09/24

Venue:GDC (W) SRIKALAHASTI

The **NSS Unit** of *Government Degree College for Women, srikalahsti* celebrated **NSS Day** on **24th September 2024** with great enthusiasm and active participation from students and faculty.

The programme began with the **lighting of the lamp** and **welcome address** by the Principal, who appreciated the efforts of NSS volunteers in various community service activities. A keynote speech was delivered by the NSS Programme Officer, highlighting the history, vision, and achievements of the National Service Scheme since its inception in 1969.

Various activities were organized as part of the celebrations, including:

Pledge-taking ceremony, Awareness rally, Cultural programme etc



Celebrations on Gandhi jayanthi

Organized by NSS

Date: 02/10/24

Venue:GDC (W) SRIKALAHASTI

The **NSS Unit** of *Government Degree College for Women, Srikalahasti* organized **Gandhi Jayanthi celebrations** on **2nd October 2024** to pay tribute to Mahatma Gandhi on his 155th birth anniversary.

The event began with **garlanding the portrait of Gandhiji** by the Principal and staff members, followed by a floral tribute by students. A **prayer session** with Gandhiji's favorite bhajans – "*Raghupati Raghav Raja Ram*" and "*Vaishnav Jan To*" – was conducted by NSS volunteers.

The NSS Unit successfully instilled the spirit of Gandhiji among the students, reminding them of the power of truth and non-violence.

Swarna Andhra @ 2047

Organized by NSS

Date: 03/10/24

Venue:GDC (W) SRIKALAHASTI

The Swarnandhra @2047 Quiz Program organized by the NSS unit of the college is an exciting opportunity for students to come together and explore important themes related to innovation, culture, and national development goals. Through an engaging quiz format, participants can challenge their knowledge and critical thinking skills in a friendly competitive environment.

****Key Highlights of the Event:****

1. ****Topics Covered:****

- Innovations in technology and science.
- Cultural heritage and its impact on society.
- National development initiatives and goals for 2047.
- Current affairs related to India's growth trajectory.

2. ****Format:****

- Teams or individual participants answer a series of questions.
- Rounds may include rapid-fire questions, visual clues, and theme-based questions.
- Tiebreakers may be used for closely matched teams.

3. ****Prizes:****

- Exciting rewards for top performers.
- Certificates of participation for all contestants.
- Special recognition for innovative ideas shared during the event.

4. ****Team Spirit and Learning:****

- Encouragement of collaboration and teamwork.
- Opportunity to learn from peers and broaden knowledge horizons.
- Fostering a sense of community within the college.

5. ****Debate Component:****

- A platform for participants to express their views on relevant topics.
- Encourages critical thinking, public speaking, and reasoning skills.
- Debates might focus on themes like sustainable development, technological advancements, and cultural preservation

****Benefits of Participation:****

- Enhances general knowledge and awareness of pressing issues.
 - Develops research and analytical skills.
 - Provides networking opportunities with fellow students and faculty.
- A fun way to break the routine of academic life and engage in constructive dialogue. Overall, the Swarnandhra @2047 Quiz Program promises to be an enriching experience for all participants, setting the stage for informed discussion and collaboration towards a brighter future.



Awareness on Women and Child Welfare Acts

Organized by NSS

Date:24/10/24

Venue:GDC (W) SRIKALAHASTI

An **Awareness Programme on Women and Child Welfare Acts** was conducted at Government Degree College for Women, Srikalahasti on **24/10/24** organized by the **NSS Unit** in collaboration with the **Women Empowerment Cell**. The programme aimed to educate students about the legal rights, protections, and welfare schemes available for women and children in India.

The event was inaugurated by the Principal, Dr. B.Raja Sekhar garu, who addressed the gathering on the importance of legal awareness in empowering women and protecting children from exploitation, violence, and discrimination.

Key Highlights which are discussed in the Programme:

- **Protection of Women from Domestic Violence Act, 2005**
- **Dowry Prohibition Act, 1961**
- **Prohibition of Child Marriage Act, 2006**
- **POSCO Act, 2012** (Protection of Children from Sexual Offences)
- **Juvenile Justice (Care and Protection of Children) Act, 2015**
- **Maternity Benefit Act, 1961**
- **Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013**



Awareness programme on Cancer

Organized by NSS

Date: 07/11/24

Venue:GDC (W) SRIKALAHASTI

The NSS Unit of Govt Degree College for women Srikalahasti in collaboration with Way Foundation organized an *Awareness Programme on Cancer* on **07/11/24** with the objective of educating students and staff about the causes, early signs, prevention, and treatment of cancer.



International Day Against Violence on Women

Organized by NSS

Date: 24/11/24

Venue:GDC (W) SRIKALAHASTI

The NSS Unit of Govt Degree College for women Srikalahasti observed the *International Day for the Elimination of Violence Against Women* on **25th November** to raise awareness about the various forms of violence faced by women and to promote gender equality, safety, and respect.

The programme began with a keynote address by the Principal, Dr. B.Raja Sekhar emphasizing the importance of creating a safe and supportive environment for women. A special talk was delivered by NSS PO , a noted social activist/legal expert, who highlighted alarming statistics, root causes of gender-based violence, and the legal safeguards available for women in India.

Constitution Day

Organized by NSS

Date: 26/11/24

Venue:GDC (W) SRIKALAHASTI

The NSS Unit of Government Degree College for Women, Srikalahasti celebrated **Constitution Day** on **26th November** to commemorate the adoption of the Indian Constitution and to honor the values of justice, liberty, equality, and fraternity enshrined in it.

The programme commenced with a welcome address by Principal sir, followed by the **reading of the Preamble of the Constitution** by all students and faculty members, reaffirming their commitment to constitutional values.

Awareness Programme on AIDS Day

Organized by NSS

Date: 01/12/24

Venue:GDC (W) SRIKALAHASTI

On the occasion of **World AIDS Day**, observed on **1st December**, the NSS Unit of Government Degree College for Women, Srikalahasti, organized an **Awareness Programme and Rally** to spread awareness about HIV/AIDS, break the stigma associated with the disease, and promote safe practices among youth and the community.

The event began with an **inaugural session** at college where the Principal, Dr. B.Rajasekhar garu, addressed the students on the theme “Take the rights path: My health, My right!”, emphasizing the importance of awareness, compassion, and support for people living with HIV/AIDS. This was followed by a special lecture by RRC Coordinator Smt . T. Sailaja, who educated the students on:

- Modes of transmission of HIV
- Prevention and testing methods
- Myths and facts about AIDS
- Available treatment and government support

Following the session, a **rally was flagged off** by the Principal. Students and NSS volunteers marched through the main roads of the town/village holding banners, placards, and shouting slogans like:

- "AIDS Se Darna Nahi, Samajhna Hai!"
- "Stop AIDS, Keep the Promise"
- "Awareness is the Best Prevention"



Awareness programme on National Girl Child Day

Organized by NSS

Date: 24/01/25

Venue:GDC (W) SRIKALAHASTI

The NSS Unit of Government Degree College for Women, Srikalahasti ,organized an **Awareness Programme** on the occasion of **National Girl Child Day** on **24th January**, with the aim of promoting the rights, education, and empowerment of the girl child.

The programme began with an inaugural address by the Principal, Dr. B.Raja Sekhar garu who emphasized the importance of providing equal opportunities to girls in all aspects of life. A keynote speech was delivered by Smt. V. Jameela, NSS PO, who spoke about the challenges faced by girls in society and the steps that need to be taken to ensure their protection and development.

Programme Highlights:

- A **poster exhibition and slogan writing competition** on themes like “Educate the Girl Child” and “Say No to Gender Discrimination.”
- A **speech and essay competition** where students expressed their views on the importance of empowering girls through education and awareness.



Awareness programme on National Voters Day

Organized by NSS

Date:25/01/24

Venue:GDC (W) SRIKALAHASTI

The NSS Unit of Government Degree College for Women, Srikalahasti, organized an **Awareness Programme on National Voters' Day** on **25th January** to educate students about the significance of voting and to encourage responsible participation in the democratic process. The theme for the year was **“Nothing Like Voting, I Vote for Sure.”**

The programme began with a welcome speech by Principal Dr. B.Rajasekhar garu, followed by an insightful talk by NSS PO, a representative from the Election Commission / Local Administration, who highlighted:

- The importance of voting in a democracy
- The role of youth in shaping the future of the nation
- Voter registration procedures and use of the Voter Helpline App



Swachh Andhra & Clean and Green

Organized by NSS

Date: 15/02/25

Venue:GDC (W) SRIKALAHASTI

As part of the state-wide initiative for **Swachh Andhra Pradesh** and to promote environmental responsibility, the **NSS Unit of** Government Degree College for Women, Srikalahasti conducted a **Clean & Green Campus Programme** on **15/02/25**. The primary objective was to instill a sense of cleanliness, hygiene, and eco-awareness among students and staff.

The event began with a short inaugural session, where the Principal, Dr. B. Raja Sekhar, addressed the gathering and emphasized the importance of maintaining cleanliness and planting greenery in educational institutions. The NSS Programme Officer, Smt. V.Jameela, briefed participants about the objectives of the initiative and the day's action plan.

Activities Undertaken:

- **Campus Cleaning Drive:** NSS volunteers and students actively participated in cleaning classrooms, corridors, playgrounds, and gardens by removing plastic waste, weeds, and unused materials.
- **Dustbin Installation and Waste Segregation Awareness:** Color-coded bins for dry and wet waste were installed and their usage explained to students.



Awareness programme on Mental Health

Organized by NSS in collaboration with Primary Health Centre

Date: 17-02-2025

Venue:GDC (W) SRIKALAHASTI

Organized by: NSS

The NSS Program Office of Government Degree College for Women, Srikalahasti successfully organized a **Mental Health Awareness Programme** to emphasize the importance of mental well-being among students and faculty. The event featured expert sessions by psychologists and counselors who addressed issues such as stress management, anxiety, depression, and coping mechanisms.

Interactive workshops and group discussions encouraged participants to share their experiences and learn practical techniques for maintaining mental wellness. A special counseling desk was set up for individual consultations, ensuring personalized guidance for those in need.

The event concluded with a pledge to prioritize mental health and support peers facing challenges. The initiative received a positive response, reinforcing the need for continuous awareness and support systems within the college community.





Hans India
**Mental health
programme held at
Govt Degree College**

PRADEEP VENNELAKANTI
TIRUPATI

GOVERNMENT
Women's Degree College in collaboration with the Internal Quality Assurance Cell (IQAC) and Area Hospital, Srikalahasti organised a district mental health programme on Monday.

Dr Yasin, District Mental Health Nodal Officer, addressed the students on stress management and coping mechanisms.

He explained that students often experience stress due to various reasons and provided valuable tips on managing stress and overcoming

challenges. He also informed the students about the toll-free number 14416, which offers free mental health services and counselling.

The programme aimed to create awareness among students about stress management and provide them with the necessary tools to cope with pressure. The event was attended by Dr P Vijaya Lakshmi, Superintendent of Area Hospital, Srikalahasti, Vice-Principal Dr Deena Dayal, IQAC coordinator Dr T Malathi, and other faculty members, including Dr M Usha Rani, A Narasimha Rao, and B Siva Sankar Naik.

Awareness programme on EAGLE CLUB

Organized by NSS

Date: 17/02/24

Venue:GDC (W) SRIKALAHASTI

An **Awareness Programme on EAGLE Club (Empowering Adolescents for Greater Leadership & Empowerment)** was conducted at Government Degree College for Women, Srikalahasti on **17/02/24**, under the guidance of the NSS Unit and in coordination with local authorities. The EAGLE Club is a state-level initiative launched by the **Government of Andhra Pradesh** to **combat drug abuse** among youth and promote a drug-free campus culture.



CELEBRATIONS ON WOMEN'S DAY

Organized by NSS

Date: 08/03/25

Venue:GDC (W) SRIKALAHASTI

The **NSS Unit**, in collaboration with the **Women Empowerment Cell** of Government Degree College for Women, Srikalhashti, celebrated **International Women's Day** on **8th March**, with the objective of honoring the achievements of women and spreading awareness about gender equality and women's rights.

The theme for the year was "Empower Her Voice: Women Shaping the Future", focusing on the empowerment of women through education, health, and equal opportunities.

Around **200** students and faculty members participated enthusiastically in the programme. The event provided a platform to raise awareness and promote discussion on women's issues in an open and inclusive manner.

The programme concluded with a vote of thanks by the Women Empowerment Cell Coordinator, who appreciated the collective efforts of the staff, students, and guests in making the event successful.

